Solutions for Drivers

Education. Recovery & Rehabilitation. Adaptive Solutions. Devices & Vehicle Changes

Amazing! Raising my seat gives me that 3 inches of visibility above the steering wheel!

Wow! Using this adaptive device, I can turn & reach my seatbelt without pain.

What's YOUR Solution? Occupational therapy can help!

Cannot Clearly See the Road

OT can…

- Check seat height and position, adjust as needed (hips centered and fully back in seat)
- Review seat cushion options

Discomfort Managing Pedals

OT can…

- Recommend shoe styles that allow for better feel of pedals
- Educate o the pros and cons of using a firm cushion behind the back

OT Specialist can…

- Educate on equipment solutions
- Explore driving using hands in cases of amputation or poor sensation

Hip or Back Pain

OT can…

- Educate on seat-base height adjustment
- Explore modified positions of hips, knees and feet

Pain When Twisting to Reach Seatbelt

OT can…

- Suggest a simple ribbon or seatbelt pull
- Educate on therapy options to address the underlying source of pain

OT Specialist can…

- Explore equipment solutions (e.g., modify seat or reposition control moving it within pain-free reach)

Reaching and Turning Steering Wheel Hurts

OT Specialist can…

- Recommend changes to the location or design of vehicle controls, so managing, reaching, pulling, and turning are more comfortable.

CAUTION!

Consider pros and cons with any changes to original vehicle equipment.

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